



Healing Treasure under the Choč hill

Market offers a lot of devices and instruments that promise you to improve your health condition or overall recovery. But what can really be healing?

Tranquil surrounding, magnificent nature and especially effects of our mineral water proved through centuries. In our spa we can provide you with everything mentioned and even more.

The decisive factor in treatment process in spa KÚPELE LÚČKY a.s. is thermal mineral water of the spa spring called Valentína with temperature of 32°C and thermal water from the spring HGL – 3. Water from these springs is used in a natural form in pools as well as in all separate spas. Water is natural, medium-mineralised, sulphate hydrocarbonated, calcium-magnesium, slightly acidic, and low-thermal water with increased content of sulphate, calcium, and fluoride ions. Water is great not only for drinking cure but also for inhalation, rinsing, and for entire-body or partial baths.

It brings excellent effects in treatment of:

- oncological diseases, - digestive apparatus, - women organs, - excretory system, - metabolism disorders, - non-tuberculosis respiratory diseases, - diseases of the nervous system, - diseases of the kinetic apparatus, - diseases of kidneys and urinary canal, - gynaecological diseases, - occupational diseases (of nervous system, kinetic apparatus, and respiratory system).

We use the healing water in hydrotherapy in pools and bath procedures. It is also suitable for prevention and supporting treatment of osteoporosis where it is also used as drinking cure. This treatment is also supplemented by healing physical training with special exercises.

Healing physical training also helps in treatment of sterility, problems with incontinence, neurological and orthopaedic problems (especially after operations of joint replacement and back surgery), as well as after breast surgery. Healing physical training is carried out with the supervision of specially trained staff. It can be performed in a pool with healing mineral water and in a gym using various aids.

Mineral water with a high content of calcium (606 mg/l) is also used in peat packs applied directly to affected area.

Complex effect of healing methods can also be reached using other procedures provided to clients: healing massages (classic massage, reflexive massage, lymphatic drainage, hydro massage, underwater massage), different kinds of electrotherapy and phototherapy, gas injections, oxygen therapy, dry carbon bath, and other supplementary procedures.

We are inviting you to our spa facility and you can satisfy yourself of beneficial effects of our healing mineral water.

